### **Our Roots**

We at Trees got our start by spending the time to carefully select each bean used in our café; taking great pride in our extensive coffee bean selection from around the world, which are all Organic, Natural Shade Grown, Bird Friendly, Hand Picked and Fair Trade. But our beans are only the beginning of our dedication to serving the perfect cup. In order to enhance our great coffee beans we carefully roast all our coffee on premise. By ROASTING THE COFFEE ON-SITE, in small batches we can ensure the freshest, highest quality product and gauge the flavour to suit any palette.

**TREES Organic Coffee** invites you to participate in the ancient romance of coffee, the way it was meant to be.

Always 100% ORGANIC, FAIR TRADE & FRESHLY ROASTED in SMALL BATCHES.

#### Peru

An excellent overall coffee with full flavor, great body and aroma.

#### Mexico

A dark to medium body with a delicate dry chocolate flavor.

### Sumatra

Famous for its intensity with a rich, bold and robust flavor.

### **Swiss Water Decaf**

Processed without the use of chemicals, this flavorful coffee gives you all the taste with none of the caffeine.





Organic, fair trade coffee fresh roasted in small batches in house since 1997.

# **Breakfast**

Continental Breakfast Pastries	
Muffin, Scone, Danish & Croissant	mini \$1.65
	large \$2.40
Bagels	
Plain, Sesame Multi-Grain, Everything	
with Butter, Jam and Cream Cheese (on the side)	\$2.30

## Lunch

Sandwiches and Wraps		
Black Forest Ham & Cheese, Turkey & C	heese, Egg Salad,	
Tuna Salad, Chicken Salad, Brie Cheese,	Funa Salad, Chicken Salad, Brie Cheese, Veggie Delight \$6.2	
Salads		
Greek Salad	small (serves 10-12	people) \$33.95
	large (serves 25-28	people) \$74.95
Green Spring Organic Salad		large \$39.95
Caesar Salad		large \$39.95
Quiche		
Spinach and Feta	(serves 10	people) \$49.95
Soup		
An Assortment of Homemade Soups	small pot (serves 7-8	people) \$28.95

# **Appetizers**

Petit Quiche	\$ .70
Spanakopita	\$.80
Pork & Vegetable Egg-roll	\$ .75





large pot (serves 14-16 people) \$55.25







## **Platters** *Served on a 16" plate*

Vegetables	\$49.95 \$56.95 \$79.95
Fruit Cheese	
Desserts	
Small Cookies	\$1.10
Assorted Squares	
Chocolate Brownie, Nanaimo Bar, Date Square, Carrot Cake	\$2.40
Cheesecake	
Whole Cheesecake 10"	\$45.00
Medium Cheesecake 8"	\$31.95
Small Cheesecake 6"	\$19.95
By the slice	\$5.75

## Hot

**Beverages** 

Thermos of gourmet, organic, fair trade coffee	(serves 12-14 people) \$18.95
A Selection of Teas	(serves 12-14 people) \$16.95
Cold	
An assortment of juices and soft drinks	\$2.00
Coke, Diet Coke & Bottled Water	\$1.70

Special menu requests are always welcome. Packed lunches are available. Prices do not include tax.

