



Front of House

Ingredients/Allergy list

Trees Organic Coffee and Roasting House

Cheesecakes

TREES' CHEESECAKES ARE NOT GLUTEN-FREE, LACTOSE-FREE, OR VEGAN

Graham Crust: Enriched wheat flour, graham flour, sugar, palm oil, high fructose corn syrup, molasses, salt, baking soda, butter.

Chocolate Crust: Enriched wheat flour, sugar, palm oil, cocoa, high-fructose corn syrup, corn flour, caramel colour, whey, salt, baking soda, soy lecithin, butter.

New York Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste**, **lemon zest** (ground lemon peel, sugar, lemon oil), **eggs**, **sugar**, **flour**.

Blueberry Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste**, **lemon zest** (ground lemon peel, sugar, lemon oil), **eggs**, **sugar**, **flour**, **blueberries**.

Raspberry White Chocolate Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste**, **lemon zest** (ground lemon peel, sugar, lemon oil), **eggs**, **sugar**, **flour**; **raspberries**, **white chocolate** (cocoa butter, milk solids, vanilla, sugar, soy lecithin), **raspberry syrup** (pure cane sugar, water, natural flavours, citric acid, sodium benzoate, caramel colour, red #40).

Mocha Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste**, **eggs**, **sugar**; **espresso**, **chocolate syrup** (sugar, water, dutch-processed cocoa, chocolate liquor, citric acid, potassium sorbate, natural flavour, vanilla extract, salt).

Chocoholic Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste, eggs, sugar, flour; dark chocolate** and **milk chocolate** (cocoa butter, cocoa mass, vanilla, soy lecithin, milk solids, sugar), **cocoa** (sodium carbonate).

Lime Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste, eggs, sugar; candied lemon zest** (ground lemon zest, lemon oil, sugar), **lime zest, lemon juice, lime juice** (water, lime oil, sulphites).

Maple-Walnut Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste, eggs, sugar; pure maple syrup, maple flavour** (water, propylene glycol, natural flavour, caramel colour, citric acid), **walnuts, margarine, enriched wheat flour**.

Sin Cheesecake:

Cream cheese (cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture), **sour cream** (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial culture), **vanilla bean paste, lemon zest** (ground lemon peel, sugar, lemon oil), **eggs, sugar, flour; dark chocolate** (cocoa butter, cocoa mass, sugar, vanilla, soy lecithin), **morello cherries**.

Trees Organic Coffee and Roasting House

Muffins

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Muffins

Bran Muffins

Salted butter, brown sugar, sour cream, canola oil, egg, vanilla extract, flour, oats, baking powder, baking soda, salt

- Blueberry Lemon
 - Blueberries, lemon
- Apple Cinnamon
 - Orange zest, cranberries, raspberries, pecans
- Cranberry Pecan
 - Cinnamon, apples
- Banana Muffin

Muffin Toppers

- Cinnamon Apple
 - flour, brown sugar, cinnamon, margarine
- Lemon Sugar
 - medium sugar, lemon zest

Bran Muffins

Flour, brown sugar, bran, cinnamon, nutmeg, baking soda, salt, eggs, canola oil, milk, lemon juice, molasses

- Cranberry Walnut
 - Cranberries, walnuts
- Blueberry Bran
 - Blueberries

Pumpkin Muffins

Pumpkin puree, flour, brown sugar, baking soda, baking powder, salt, raisins, walnuts, vanilla, cloves, ginger, cinnamon, nutmeg, vegetable oil, eggs.

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Scones

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Scones

Flour, white sugar, baking powder, margarine, homo milk, course sugar

- Mixed Berry
 - Blueberries, Raspberries and lemon zest
- Chocolate Orange Chip
 - Chocolate chips and orange zest
- Cheese
 - Shredded cheddar cheese
- Cheddar Apple
 - Shredded cheddar cheese, apple chunks and honey
- Spinach and Feta
 - Spinach, feta cheese, cheddar cheese, olive oil and pepper
- Raspberry White Chocolate
 - Raspberries and white chocolate chips
- Vegan

Blueberry Lemon (SUMMER)

- Spelt flour, raw plantation sugar, baking powder, margarine, soy milk, blueberries, lemon zest

Apple Spice (WINTER)

- Spelt flour, raw sugar, baking powder, baking soda, salt, margarine, cinnamon, nutmeg, ginger, cloves, cardamom, soy milk.

Trees Organic Coffee and Roasting House

Vegan Power Cookie

Vegan Power Bar

Peanut Butter Cup

Trees Organic Coffee and Roasting House

Vegan Power Bars

Rolled oats, pumpkin seeds, sunflower seeds, raisins raw sugar, cinnamon, salt, pumpkin puree, candied orange zest, vanilla extract, cranberries

Vegan Power Cookies

Spelt flour, raw sugar, cinnamon, shredded coconut, sunflower seeds, pumpkin seeds, raisins, salt, canola oil, soy milk, vanilla extract

Peanut butter cups

Natural peanut butter, graham crumb (same as cheesecake) flour, chocolate

Trees Organic Coffee and Roasting House

Sandwiches

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Sandwiches

Mediterranean

-Cream cheese mix, roasted red pepper, goats cheese, capers, red onion, basil, spinach and balsamic dressing

Veggie Delight

-Cheese mix, cucumber, feta, zatar, tomato, mixed greens, and lemon and herb dressing

Chevre

-Olive oil, basil, tomato, goat cheese, salt and pepper

Bocconcini

-Balsamic vinaigrette, basil, tomato, bocconcini, salt and pepper

Roast Beef

-Mayo, mustard, roast beef, tomato, pickles, cheddar cheese, lettuce, salt and pepper

Chicken Curry

- Mayo, chicken, curry powder, raisins, almonds, sliced apple, spinach and swiss cheese

Prosciutto Brie

-Mayo, prosciutto, brie, tomato and lettuce

Turkey Brie

-Cranberry, mayo, turkey, brie, tomato, lettuce

Ham and Cheese

-Mayo, black forest ham, cheddar cheese, tomato, lettuce

Chicken Salad

-Mayo, chicken, green onions, celery, red onion, tomato, lettuce

Salami and Swiss

-Mayo, salami, Swiss cheese, tomato, lettuce

Tuna Salad

-Mayo, green onions, celery, red onion, tuna, tomato, lettuce

Cheese mix

-cream cheese, sour cream, green onions, salt and pepper

Lemon and Herb dressing

-Lemon juice, lime juice, olive oil, mustard, zatar, salt and pepper, honey

Balsamic dressing

-Balsamic vinegar, olive oil, mustard, salt and pepper

Zatar

- Thyme, sumac, sesame, salt

Trees Organic Coffee and Roasting House

Quiche

Samosa

Wraps

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Quiche

Spinach and Feta

- Spinach, feta, eggs, milk, wheat, soya

Ham and Cheese

-Ham and Cheese, eggs, milk, wheat, soya

Breakfast Wraps

South Western Egg Wrap

-Egg, potato, onion, tomato, cheddar, soya, black bean, canola oil, red pepper, corn, modified starch, milk powder, vinegar, sugar, salt, herb, citric acid, xanthan gum, pesto tortilla

Breakfast Wrap

-Flour tortilla, egg, potato, bacon, smoked ham, Edam, mozzarella, soy cheese, milk, onion, canola oil, green onion, modified starch, salt, pepper, sugar, nutmeg, xanthan gum, citric acid, herbs

Samosa

Chicken Samosa

-Chicken, potato, flour, water, onions, peas, canola oil, ginger, garlic, spices, chilli, turmeric, salt

Vegetable Samosa

-Potatoes, peas, carrots, flour, water, canola oil, spices, chilli, turmeric, garlic, ginger, salt